

**This is an adaptation of the activity Your Top Five in Pictures from CliftonStrengths Team Activities Guide | Enhance Self Awareness**

Having had great success with this activity at in person workshops, we adapted the activity for use in our ZOOM Strengths for the Journey Series. It too has been very successful.

Each participant receives the email directions below for completing this assignment between session one and session two.

Pre work assignment –

1. Complete the self-assessment using the code in your textbook “Living Your Strengths
2. In our second session, you will be asked to share your top 5. We call this opportunity – **Your Top 5 in Pictures.**
3. It’s easy and fun ---read your Insight Report, highlight those phrases or words in the report that really resonate with you. (Some may not.)
4. Think about your top five themes and then select an image from your own “electronic photo files” that best represent:
  - How you manage things
  - What motivates or energizes you
  - How you think about and process information
  - The way you work with others
5. Be prepared to share your photo on screen while sharing your Top 5 with all of us.
6. You have the option of sharing your own screen with your photo OR sending your photo to [[email address](#)] to be shared by the Zoom Tech.

Here is an example of “My Top Five in Pictures” and my notes for sharing with the group using those items that resonated strongly with me from my top 5 report so that my introduction is in the Strengths language.



This photo is of one of the underpass mosaics done by Chicago's After School Art program. I think it brings out some of my top 5.

My top 5 are: Strategic, Individualization, Relator, Arranger, Adaptability

How they look in action:

I am a multitasker; I like being regarded as a doer – Once a plan of action is made – I want to get started. I can see all these things happening in the mural –lots going on, a deadline (summer) for getting it done and working with a large group of teens –each driven by her/his own talents. By nature, I come to aid of others and would see myself working with the teens.

I am energized by visions of what could be; it's important to me to gather the necessary data for a project –and to disregard anything that isn't relevant. This mural clearly tells the history of the neighborhood, and I can

only imagine that choices were made of what is depicted and what isn't. I'd collect the information and process it in varied ways – information, anecdotes from those who have lived it etc. – I feel quite comfortable “disregarding unrelated information. “

Love teamwork, great respect for candid and concise conversation, willing to work with alternatives –even mid-stream, like to think about and focus on what makes people/events unique or special. By nature, I want to discover everyone's unique work style, goals, motivations, talents, or interests.

After our last Zoom session – each participant receives a collage with all the photos as reminder of discussing Strengths with new friends. A WordCloud is created to remind the group of the strengths represented. The bigger the font – the more who shared the Strength.



Questions about this Activity? Please contact CSEC.