

Strengths and Speed Networking Group Activities

Before you introduce the activities below to your group, ask participants to first read and highlight their *Signature Themes Report* summaries, which will equip them to name their top 5 CliftonStrengths® Talent Themes and articulate key words/phrases that best describe them.

Version One: Two Lines

Time: 30 minutes

Ask 10 participants to form two lines (5 people in each line).

Participants in each line stand side-by side and face the participants in the other line, so that there are 5 conversation pairs.

Tell them to share with their partner the best and most challenging thing about one of their top Talent Themes. The conversation pairs have 6 minutes to share with each other – 3 minutes for each person.

After 6 minutes, ask one of the lines to move slightly to the right, so that each person is facing a new person. (One of the persons in the line that moves will have to swing around to the other end of their line.)

- That same line that moved, will move to the right after every 6-minute interval so that each person will have talked to a total of five people by the end of the activity.
- Each time a person talks to a new person, they will share another one of their top five Talent Themes. (E.g., Share 1st theme with first person, 2nd theme with second person, and so on...)

Version Two: Cocktail Party

Time: 25 minutes

Set-up the activity as a mingling cocktail party.

When the facilitator says “GO,” each person will find someone to pair-up with.

They will have a total of 5 minutes to talk with their conversation partner. In those 5 minutes:

- Each person in each pair will share for 2 minutes about their first Talent Theme (4 minutes total).
- Then the last minute of their discussion, they will discuss what is similar and what is different about the two themes they shared.

At end of the 5 minutes, the facilitator will say “GO” (or flash the lights), and each person will find a new partner and *share another one of their top 5 themes*. Time allows for **five rounds** so that each person will talk with five different people, sharing a different theme with each person.

Checkout [CSEC Facebook Files](#) for more activity ideas.